

Clinical Nutrition and Dietetics Research Group



Research Group Name: Clinical Nutrition and Dietetics Research Group

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Research Description: Nutrition is an integral part of health; it influences the growth, development, maintenance of health, and can be used for the management of diseases. Clinical Nutrition and Dietetics Research Group aims to improve the understanding of the impact of food and nutrition on health and disease and to focus on the nutritional intervention to promote health and well-being. The main theme of this group is to provide scientific evidence for the impact of nutrition on health and diseases. Emphasis is also put on bridging the gap between research and clinical practice.

Strategic Directions:

The research team focuses on patient and family-centered interventions to promote nutrition and engagement in clinical nutrition care. The team utilizes translational research models to ensure effective and sustainable interventions, which are developed to optimize medical nutrition therapy.

- To expand public health and community nutrition programs and initiatives.
- To understand the interaction of food and nutrition with physiology, psychology, behavior, preferences, and socio-economic factors.
- To improve the health status through an understanding of how food interacts with metabolism.